

SOUTH RIVER PUBLIC LIBRARY

A bridge to discovery

OCTOBER 2025 • ISSUE 11

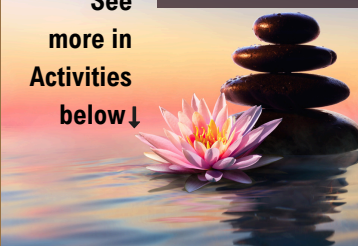
TEEN & ADULT SEWING CLASS



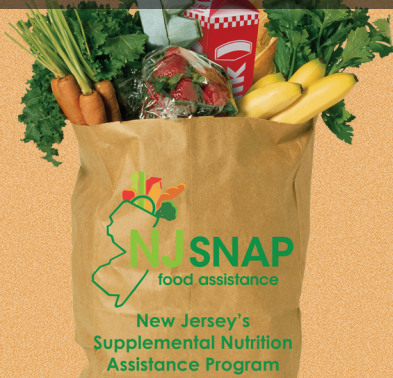
See more in
the Crafts
Corner below ↓

MEDITATION IS BACK AT THE LIBRARY!

See
more in
Activities
below ↓



UNDERSTANDING SNAP



Need help paying for groceries? See what SNAP can do for you. A representative from SNAP will be at the library talk to you about the Supplemental Nutrition Assistance Program. **10/13 @ 6:30PM**

SENSORY BOO BAGS

NJ4S is back this October with Sensory Boo Bags! Make your own sensory "boo bag" and learn how these tools support emotion regulation. Registration required.

10/07 @ 3:30PM



PAINT & SIP IS BACK!



More details
in Crafts
Corner
below ↓

UPCOMING EVENTS

10/01-02: Friends Jewelry & Handbag Sale
10/06: Book Club for Adults @6PM
10/06: Halloween Decoration Giveaway @6:30PM
10/07: Sensory Boo Bags with NJ4S @3:30PM
10/07: Evening Tween Sewing Class @5:45PM
10/09: Meditation @6:30PM
10/13: Find Out About SNAPS Benefits @6:30PM
10/14: Paint and Sip @5:30PM
10/15: Arts & Craft Club @3:30PM
10/16: Chef Nick: Polish Dishes @6:30PM
10/18: Trunk or Treat @4:30PM
10/18: Read to a Therapy Dog @11AM
10/21: Adult Craft Night @6PM
10/23: Sewing Class for Adults @5:45PM
10/28: Kids Cook @4:30PM



MEETINGS: SCHEDULE

10/14: Friends of the Library @7PM
10/21: Teen Advisory Board @6:30PM
10/28: Trustees Meeting @7pm

WHO'S READY FOR SPOOKTEMBER?



Come to the library for our Spooky Edition of Kids Cook! Kids will get to build and decorate their own haunted gingerbread houses with plenty of sweets and treats! **10/28 @ 4:30PM**



DESTINATION: POLAND
WITH CHEF NICK!

Food is often the best way to experience another culture, and Polish cuisine is no exception. From Zapiekanka, the toasted open-faced sandwich, to fresh carrot salad and poppy seed cake. Back at South River Public Library for another cooking adventure, Chef Nick Mietkowski will guide us through this culinary landscape, one plate at a time. **10/16 @ 6:30PM**



HALLOWEEN DECORATION GIVEAWAY

We're cleaning out our closets, and they are overflowing with all things Halloween! Help us clear the clutter, all items are first come, first serve. **10/06 @ 6:30PM**

To register for events, call SRPL at (732) 254-2488 or visit: <https://www.southriverlibrary.org/calendar>

CRAFTS CORNER



ADULT CRAFT NIGHT

Join us for a fun night of adult crafts! Spots fill up fast, so register soon. Don't hesitate to add yourself to the waitlist—if a spot opens up, we'll give you a call to let you know.

Date: Tuesday, 10/21
Time: 6 PM - 7 PM



KNIT & CROCHET

All levels, this group welcomes everyone who wants to create and connect. Registration Required.

Date: Every Thursday
Time: 2 PM - 3 PM



SENSORY BOO BAGS WITH NJ4S

Calling all sensory toy fans! This event provides information about the benefits of sensory toys as emotion regulation tools with the opportunity for participants to make their own sensory "boo bag"! Registration required.

Date: Tuesday, 10/07
Time: 3:30 PM - 4:30 PM



PAINT AND SIP

We will be creating fall foliage paintings. Registration required.

Date: Tuesday, 10/14
Time: 5:30 PM - 6:30 PM



AFTERSCHOOL ARTS & CRAFTS CLUB

Join us afterschool for a fun Halloween-inspired craft. Ages 5 and up. Registration required.

Date: Wednesday, 10/15
Time: 3:30 PM - 4:30 PM



EVENING TWEEN SEWING CLASS

Teens (ages 11-17) we'll be making bats this time around! These fun little stuffies have rice in their base so they can sit on their own. All materials will be provided, but feel free to bring ¼ yard of woven cotton fabric with your choice of print.

Registration required.

Date: Tuesday, 10/07
Time: 5:45 PM- 7:45 PM



SEWING CLASS FOR ADULTS

For patrons 18+, join us as we make two maple leaf, patchwork coasters. In this beginner's class, we will piece these coasters together on the machines, then hand stitch the felt backings on. All materials will be provided, but feel free to bring your own materials. Registration required.

Date: Thursday, 10/07
Time: 5:45 PM- 7:45 PM

ACTIVITIES



DND & OTHER GAMES

Join us for a fun night of adult crafts! Come create a custom alcohol ink bowl using a variety of painting methods.

Registration is required. Seating is limited.

Date: Every Thursday
Time: 5 PM - 6 PM



GENTLE YOGA FOR ADULTS

Led by Gina Rafkind from Hope Yoga. Please bring your own mat. No registration required.

Date: Every Monday
Time: 4 PM - 5 PM



PILATES

Led by Aria Haney for this gentle mat pilates class. Please bring your own mat. Registration required.

NO PILATES OCTOBER 3RD

Date: Every Friday
Time: 1 PM - 2 PM

ACTIVITIES



FIND OUT ABOUT SNAP BENEFITS

No registration required.

Date: Monday, 10/13
Time: 6:30 PM - 7:30 PM



LITTLE LEARNERS STORYTIME

No registration required!

Don't Miss: **NOT SO SPOOKY HALLOWEEN STORYTIME OCT 31ST**

Date: Every Friday
Time: 11 AM



MINI MOVERZ

Mini Moverz invites babies, toddlers, and their parents to a class filled with singing, dancing, and skill-building activities. Enjoy music, instruments, and fun as adults and little ones bond, socialize and play together.

Date: Every Monday
Time: 11 AM (30-45 Min)



CHEF NICK: POLISH DISHES

SRPL is excited to welcome back Nick Mietkowski, owner of Sunnyside Kitchen LLC! This time, he'll teach you how to make Zapiekanka, Carrot Salad, and Poppy Seed Cake—with samples to taste along the way.

When registering for this program, you are agreeing to take responsibility for eating any samples presented at the demo with respect to allergies.



We cannot guarantee no cross contamination.
Potential allergens may include: Dairy, Egg

Date: Thursday, 10/16
Time: 6:30 PM - 7:30 PM

ACTIVITIES



MINDFUL BREATHING

A MONTHLY MEDITATION & PRANAYAMA CLASS

Discover the transformative power of meditation and pranayama (yogic breathing exercises) as we delve into techniques aimed at cultivating inner peace and harmony. Led by Josh Melissari, certified meditation teacher. Registration required.

Ages 13+

Date: Thursday, 10/09
Time: 6:30 PM - 7:30 PM



READ TO THE THERAPY DOGS

Join us for a tag wagging good time! Come to practice reading, visit, or just to pet the therapy dogs. This program is open to all ages and reading abilities. Bring a favorite book from home or borrow one from our shelves.

Date: Saturday, 10/18
Time: 11 AM - 12 PM



HALLOWEEN DECORATIVE GIVEAWAY

Looking to add a little spooky spirit to your home? Stop by the library's Halloween Decoration Giveaway and pick from a mix of festive items—available while supplies last.

Date: Monday, 10/06
Time: 6:30 PM - 7:30 PM



KIDS COOK: SPOOKY EDITION

Haunted gingerbread houses. Registration required.

Date: Tuesday 10/28
Time: 4:30 PM - 5:30 PM